Diabetes is a prevalent chronic disease in the U.S., particularly among older Americans, and can lead to numerous costly and disabling complications and a reduction in quality of life. Research has yielded breakthrough findings about ways to prevent or delay diabetes development and various treatments but there is still no cure. A targeted and sustained research effort to more clearly understand the development, treatment and prevention of diabetes, and its interaction with the aging process, could have enormous health and economic implications, and enable older Americans to live more independent, productive and healthier lives for longer.

### CDC County Level Estimates of Percent of Adults ≥ 20 years old with Diagnosed Diabetes, 2005


### Searchable Databases

The Silver Book Online:
- Age- A Major Risk Factor for Diabetes
- Prevalence and Incidence of Diabetes
- The Economic Burden of Diabetes
- The Human Burden of Diabetes

CDC national surveillance data

Federally and privately supported clinical trials registry

National Institutes on Aging Sponsored Research

National Diabetes Information Clearinghouse (NIH)

### Maps:

- CDC county level estimates of diagnosed diabetes
- National Minority Quality Forum Diabetes Atlas: Includes zip code level prevalence data nationally, by state and Congressional district (registration required)

### Recent Innovation:

- The Silver Book Online Innovative Medical Research
- Alliance for Aging Research News Room
- Diabetes (A Journal of the American Diabetes Association (ADA))
- ADA’s In Diabetes Today
- ADA’s “Access: Diabetes Research” summaries of published research

### Reports:

- Alliance for Aging Research Diabetes Publications
- ADA’s Diabetes Statistics
- CDC’s Diabetes Publications
The Silver Book Resource Guide
For Diabetes

Website Information

**Searchable Databases**
The Silver Book Online: [www.silverbook.org](http://www.silverbook.org)
- Age- A Major Risk Factor for Diabetes
- Prevalence and Incidence of Diabetes
- The Economic Burden of Diabetes
- The Human Burden of Diabetes

CDC national surveillance data: [http://apps.nccd.cdc.gov/DDTSTRS/default.aspx](http://apps.nccd.cdc.gov/DDTSTRS/default.aspx)
Federally and privately supported clinical trials registry: [www.clinicaltrials.gov](http://www.clinicaltrials.gov)

**Maps:**

**Recent Innovation:**
Alliance for Aging Research News Room: [http://www.agingresearch.org/section/newsroom](http://www.agingresearch.org/section/newsroom)
ADA’s In Diabetes Today: [http://www.diabetes.org/indiabetestoday.jsp](http://www.diabetes.org/indiabetestoday.jsp)

**Reports:**
Alliance for Aging Research Diabetes Publications: [http://www.agingresearch.org/content/topic/detail/678](http://www.agingresearch.org/content/topic/detail/678)